Video transcription

Risks of Being a New Worker

You're new to a job. Let's imagine, for example, that you've just started working in a factory. When we're new to any position, we bring many advantages: we're usually full of enthusiasm, energy, and a strong desire to learn. However, we can also face some disadvantages or vulnerabilities.

As a new worker, it's natural to want to prove that you're capable and committed. But this attitude can sometimes lead to risky situations. Let's talk about some of the additional risks you might face as a new worker:

1. Too Eager to Prove Yourself

As a new employee, you might feel the need to show your worth to your boss or coworkers. This could lead you to accept tasks you're not fully trained for or to work faster than is safe, ignoring detailed safety instructions.

For instance, if you're asked to operate a machine you've never used before, you might say yes out of fear of seeming incapable, even without proper training. This could result in serious accidents or mistakes that put your safety at risk.

Take the time you need to learn, and don't hesitate to ask for help. Being cautious and asking questions shows responsibility, not weakness.

2. Less Likely to Speak Up

When we're new, we often feel unsure about voicing concerns or asking questions. You might think it's better to stay silent to avoid looking like a problem or appearing inexperienced.

If you notice that a piece of equipment is acting strangely or there's a hazard, like an oil spill on the floor, you might decide not to report it out of fear of being judged. This could lead to accidents that could have been prevented.

Reporting risks protects not only your safety but also that of the entire team. Speaking up shows commitment to your work and your colleagues.

3. Less Ability to Identify Safety Risks

Some of the topics covered in these videos are sensitive. If you have questions related to health, well-being, laws, duties or rights, we recommend that you consult a specialist.

As a new worker, you may not yet know all the safety procedures or recognize specific risks in your workplace. This makes you more vulnerable to accidents.

If you're working near a machine that's making unusual noises, you might not realize that this is a warning sign of a potential problem. Without prior experience, it's hard to know when something is dangerous.

Take the time to learn about the equipment, procedures, and possible risks. Actively participate in training sessions and review the safety information provided by your employer to work safely.

How to Protect Yourself as a New Worker

Being aware of these vulnerabilities is the first step in protecting yourself. If you're unsure how to do something, ask for instructions or training. Learn as much as you can about the safety rules at your workplace, and don't hesitate to speak up if you notice something dangerous. Listening to more experienced coworkers can also help you identify risks and adopt better practices.

Being new doesn't mean being weak. On the contrary, it's an opportunity to demonstrate responsibility and commitment to safety—for yourself and for those around you. Working safely will always be your best introduction!